







3 x 3 COMPETITION RULES

Team Roster/Players Max of Four (4) Players – 3 + 1 sub

Substitutes Can be made on any dead ball. No action is required by referee.

Initial Possession Scissors/Paper/Rock

Scoring • Inside the 3pt arc = 1 point

- Outside 3pt arc = 2 points
- Score limit of 21 points

Match Time 1 x 10-minute period with a running clock

Time Outs Not permitted

Overtime Golden Point

Free Throws 6 team fouls limit

Fouls after 6 are penalised with 2 free throws

Match Ball Official 3x3 Basketball

Possession After basket – defence possession is under the basket

Dead Ball – exchange of ball beyond the arc (3pt line)

Jump Ball – defence possession beyond the arc (3pt line)

Following a defensive rebound or steal – ball to be dribbled/passed behind the arc