

2024 / 2025 Steelers Training Roster

| Tuesday | Flinders 1 | Flinders 2 | WPS | Hoop City | Bayside CC | |
|-----------|--------------------|---------------|--------------------|----------------------|----------------------|---|
| 5.30pm | | B12.1 & B12.2 | B16.4 & B16.5 | | | |
| 6.30pm | B20.2 (6.30-8pm) | B12.3 & B12.4 | B20.1 (6.30-8pm) | | 6.30-8pm YLW & Women | |
| 7.30pm | | | YLM (8-9.30pm) | 7.30-9.30 CM | | |
| Wednesday | Flinders 1 | Flinders 2 | WPS from 6pm -9pm | SSC | | |
| 5.30pm | G14.1 & G14.2 | G14.3 & G14.4 | | G12.1 & G12.2 | | |
| 6.30pm | G16.2 & G18.3 | G16.3 & G16.4 | | | | |
| 7.30pm | G18.2 | | | | | |
| 8.30pm | | | | | | |
| Thursday | Flinders 1 | Flinders 2 | SRC 1 | SRC 2 | SSC from 6.45 | WPS |
| 5.30pm | B14 RDL Grey & Red | G14 RDL Black | All Abilities | G16.1 & G18.1 (5.45) | | |
| 6.30pm | B14.1 & B14.2 | B14.3 & B14.4 | Women 6.30-8 | YLW 6.30-8 | B14.5 & B14.6 | Boys 18.3 & 4 TBC |
| 7.30pm | B16.1 & B16.2 | B16.3 & B16.6 | | | | B18.1 & B18.2 |
| 8.30pm | G20.1 | | Champ Men from 8pm | YLM from 8pm | | |
| Saturday | SRC 3 | SRC 4 | Flinders 1 | Flinders 2 | | |
| 4-5.30pm | B12.1 & B12.2 | B12.3 & B12.4 | | | | |
| Sunday | SRC 1 | SRC 2 | SRC 3 | SRC 4 | Flinders 1 | Flinders 2 |
| 8:00am | G12.1 & G12.2 | B14.5 & B14.6 | G14.1 & G14.2 | G14.3 & G14.4 | | |
| 9.30am | G16.1 & G18.1 | G18.2 & G18.3 | B14.1 & B14.2 | B14.3 & B14.4 | | |
| 11:00am | G16.2 | G16.3 & G16.4 | B16.1 & B16.2 | B16.3 & B16.4 | | G16.1 to train with G18.1 for Big V clashes |
| 12:30pm | B16.5 & B16.6 | | B18.1 & B18.2 | B18.3 & B18.4 | Big V Shuffle | |

Flinders:
 Flinders Tyabb Campus - Enter Via Boes I

WPS:
 Western Port Secondary

SSC:
 Somerville Secondary

SRC
 Somerville Rec Centre

Bayside CC
 Bayside Christian College